Burren Peaks Weekend of Walking Festival 2015

ENTRY FORM

11th - 13th Sept. 2015 - Ballyvaughan, Co. Clare

Please send completed entry forms and fee (no cash please)
Cheques, Postal Orders made payable to:
Ballyvaughan Fanore Walking Club
Post to: Burren Peaks Walking Festival,
Ballyvaughan, Co. Clare before Sept 5th.
Contact: Phone 353-87-7779714

Please write in BLOCK CAPITALS on Entry Form.

NAME _______________________________________
ADDRESS _______________________________________
EMAIL _______________________________________
MOBILE NO. ____________________________________
EMERGENCY NAME AND CONTACT NO. _____________

ENTRY FEE: please mark chosen event clearly.

❏ Saturday Ultra Walk: Wild Burren Eastern Peaks ................. €15
❏ Saturday Strenuous Walk: Fairy Forts & Hidden Treasures .... €10
❏ Saturday Moderate Walk: No 1: Dangan Crest .................. €10
❏ Saturday Moderate Walk No 2: Islands View to Burren Valley .... €10
❏ Saturday Moderate Walk No 3: Coast to Rocky Limestone ........ €10
❏ Sunday Strenuous Walk: Western Walk ................................ €10
❏ Sunday Moderate Walk No 1: Coast to Rocky Limestone .......... €10
❏ Sunday Moderate Walk No 2: The Burren Fidhán .................. €10
❏ Saturday Easy Walk: Newtown Trail & Bells of The Burren ........ €7
❏ Sunday Easy Walk: The Burren Pavement & Its Fulacht Fia ....... €7
❏ Saturday Easy Walk: U16yr €5  ❏ Sunday Easy Walk: U16yr ...... €5

How did you hear about the festival? ____________________________

RULES OF PARTICIPATION

• Ultra, Strenuous & Moderate walks are on open limestone terrain countryside.
  Mountain boots are essential - NO BOOTS - NO WALK.
• Waterproofs for walk and a change of clothes for after the walk advised.
• Each participant bring a packed lunch and drinks.
• Over 16yrs only on Ultra, Strenuous & Moderate walk.
• Easy walks are on limestone, green trail roads and minor roads.
  Strong comfortable footwear.
• Children welcome but routes are not suitable for pushchairs (wheels).
• Base Point and Registration Facility is at Clubhouse, Community Field, National School Road, Ballyvaughan.
• Transportation will be provided to/from start/finish point where necessary.
• All participants must complete and sign a registration form prior to all walks and must check in at base or with the walk leader after the walk.
• Limited number on all walks - please enter ASAP for your preferred choice - entry fee non-refundable.
• Those participating in the Walking Festival do so at their own risk.
• The organisers maintain the right to change a route where deemed necessary.
• Walk Leaders maintain the right to refuse participation due to unsuitable clothing, footwear or lack of experience.
• The decision and authority of the leaders is final and at all times to be accepted by the participant.
• Duration of walks are approximate.
• At all times all walkers are asked to adhere to the “Leave No Trace” policy, respect the land and the rural environment.
• Accommodation list and packages available on our website.
• Refreshments available at base on completion of the routes.
• No Dogs allowed.
• Pre-Booking of all walks is essential before Sept 5th.

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Burren Peaks Weekend of Walking Festival

September 11th - 13th, 2015
THE BURREN
Ballyvaughan- Fanore, Co. Clare

Groups, Clubs, and Individual Walkers welcome.
Choice of Guided Walks each day.
Ultra, Strenuous, Moderate & Easy Walks.
Pre-Booking of walks essential.

For more information
www.burrenpeakswalkingfestival.com
email: info@burrenpeakswalkingfestival.com
phone: 353-87-7779714
Organised by The Ballyvaughan Fanore Walking Club.
The Ballyvaughan Fanore Walking Club would like to invite you to our Burren Peaks Weekend of Walking Festival. Our festival weekend promises you a real taste of the Burren and offers guided hill and lowland walks varying in distance and grade catering for all walkers. The Ballyvaughan Fanore Walking Club takes great pride in the Burren area so please remember……

Leave nothing behind you but your shadow.
Take nothing home but your memories and the mud on your boots.

This festival is made possible by the goodwill of the local landowners who have given the Ballyvaughan Fanore Walking Club permission to walk across their property for the event.

No Dogs Allowed.

FRIDAY EVENING, 11th SEPTEMBER:

Our Burren Peaks weekend of walking commences with a “Twilight Walk” overlooking Fanore village. This will be a 2.5 hour “taster” Burren walk. During the walk, enjoy commentary on the archaeology, geology, flora and folklore of the Burren, by Fanore local and club member Mary Howard. You will be guided uphill from the village to join a “winterage” cattle trail, out onto the open limestone hill of Ballyelly, and continuing to the “green road” overlooking the Caher Valley. Return to Fanore with stunning views of the lights on the Aran Islands and Connemara while watching the sun go down on Galway Bay.

Meet: At O’Donoghues Fanore at 6.20pm, walk will start at 6.30pm on Friday 11th.

***Please note, all walkers must wear a hi viz jacket, suitable footwear and bring a torch with them. Walk is free to all who are taking part in walks during the weekend.

We look forward to meeting you at our opening walk. Everyone welcome.

SAT SEPT 12th - Easy Walk:

NEWTOWN TRAIL & BELLS OF THE BURREN:
This is an off-road & green road walk for all walkers, along to Newtown Castle, The Pinnacle and The Rine.
Registration at 11 at Base - Walk starts at 11.15 am
Walk time 2.5 hrs + Walk not suitable for pushchairs
Pre-Booking of walk essential before Sept 5th.
Limited places available on all walks.

SAT SEPT 12th - Ultra Walk:

WILD BURREN EASTERN PEAKS:
This is an ultra strenuous walk for the very experienced walker. Starting out climbing Mullach Mor peak and taking in several peaks along the Cappamore & Turloeagh peak ranges with Steve Carran the final peak. This is a challenging route across rough, rugged limestone terrain with ascents over 1000 ft for the very experienced walker.
Registration at 8.00 am at Base - Bus Depart at 8.15 am Sharp. - Walk Time 7 hrs + Pre-Booking of walk essential before Sept 5th. Limited places available on all walks.

SAT SEPT 12th - Moderate Walks:

NO 1. DANGAN CREST:
This walk for the experienced walker setting out from Ballyvaughan, ascends Ballyabban to Gleninsheen & descends Dangan to Loughrask. This walk with gradual climbs to 800 ft is on track and green road for the experienced walker.
Registration at 10 am at Base. Walk starts at 10.30 am - Walk Time 4 hrs + Pre-Booking of walk essential before Sept 5th. Limited places available on all walks.

NO 2. ISLANDS VIEW TO BURREN VALLEY:
This walk for the experienced walker setting out from Ballyvaughan, ascends Gleninagh crossing over to the Caher valley & descends down to Lismactigue and the Feenagh Valley. This walk with gradual climbs to 1000ft is on limestone terrain and green road for the experienced walker.
Registration at 10 am at Base. Walk starts at 10.30 am - Walk Time 5 hrs + Pre-Booking of walk essential before Sept 5th. Limited places available on all walks.

NO 3. COAST TO ROCKY LIMESTONE:
This walk for the experienced walker setting out from Ballyvaughan, ascends Muckinish Hill, crossing over to Mooreen & descends Dangan to Loughrask. This walk with gradual climbs to 900 ft is on limestone terrain and green road for the experienced walker.
Registration at 10 am at Base. Walk starts at 10.30 am - Walk Time 5 hrs + Pre-Booking of walk essential before Sept 5th. Limited places available on all walks.

NO 4. THE BURREN FIDHÁN:
This walk for the very experienced walker setting out to Glenfort, walk along the fidháns overlooking Lismactigue and the Feenagh Valley before descending Caparaneilla to pick up the Wood Loop to take you back to báire. This walk with gradual climbs to 800 ft is on limestone terrain and green road. Registration at 10 am at Base - Walk starts at 10.30 am - Walk Time minimum 5 hrs + Pre-Booking of walk essential before Sept 5th. Limited places available on all walks.

SAT SEPT 13th - Easy Walk:

THE BURREN PAVEMENT & ITS FULACHT FIA:
This is an off-road & green road walk for all walkers, along by Loughrask, Dangan base and Wood Loop.
Registration at 11am at Base - Walk starts at 11.15 am
Walk time 2.5 hrs + Walk not suitable for pushchairs
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SAT SEPT 13th - Ultra Walk:

FAIRY FORTS & HIDDEN TREASURES:
This strenuous walk for the experienced walker takes you to Ballyabban – Bemeens - Gregans and descends Poulaclape. This walk with gradual climbs to 900 ft is on limestone terrain and green road for the experienced walker.
Registration at 9.00 am at Base. Walk starts at 9.30 am - Walk Time 6 hrs + Pre-Booking of walk essential before Sept 5th. Limited places available on all walks.

CHOOSE YOUR WALK

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CHOOSING YOUR WALK

Ultra Walk = .............. Very experienced fit walker, this is a long strenuous walk, over rugged, rough limestone terrain. Over 16yrs only.
Strenuous Walk = .............. Experienced fit walker, this walk over rugged trail and some rough limestone terrain. Over 16yrs only.
Moderate Walk = .............. Experienced walker, this walk over rugged trail with part walk over rough limestone terrain. Over 16yrs only.
Easy Walk = .............. Regular walker / family walk, some off-road. Not suitable for wheels.

Choose the walk most suited to your level of fitness. If in doubt please consult your walk leader before you leave the registration facility.

Experienced walking club members will be your walk leaders.

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SATURDAY NIGHT SEPT 12TH:

HATS OFF TO CLARE

A one-man show performed by Gerry Howard Written and directed by Paul Brennan

HATS OFF TO CLARE is a play that gives those who come from County Clare a chance to revel in their outrageous good fortune and for those from outside a chance to ponder its mysteries.
It presents a hilarious and surreal romp through time with some of County Clare’s most famous characters - real and fictional - and how they might have interacted, had they ever met. Pile them all into the West Clare Railway and see where they end up.

采取的场所：Parish Hall, Ballyvaughan: Door opens 8pm, show starts at 8.30pm. Admission Fee: €12pp payable at the door.
A show not to be missed!